

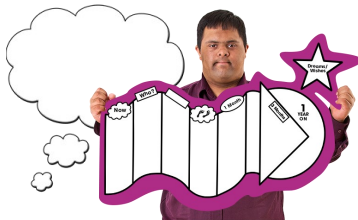


Unity Futures is a new project for young people aged 16-25 years old with a learning disability and / or autism



It is for someone who is not currently in school, college or doing any training

And not currently working



The project is supporting people to find out what they want to do as they become an adult



We have a team of people who will support each individual in 1:1 sessions



And as a group.





Our team is made up of:

Peter Hass

Referral and Outreach Coordinator

Peter helps with any questions people have about the project.

And will be the first point of contact coming into the project.

Peter will also ask you some questions when you join to make sure that you get the right support you need.

We then have **Health & Wellbeing Coaches**

Who are:

Corinne Jean-Baptiste

Kasia Kacprzyk

Spring Morgan

Our coaches support in one to one sessions with your overall health and wellbeing

This could be

- helping with managing emotions
- Building independent skills like travel training
- looking at personal challenges and how to overcome them.



Christopher Barling Employment Advisor

Christopher will be supporting with thinking about your career and any training you may need to build your skills set.



Christopher will work 1:1 and in group sessions to plan and set goals to help on your pathway to work when you are ready.



Unity Futures will also have **group sessions** that will include:



Travel Training



Money Management



Digital Skills



And Talking Groups



Our group sessions will be a mixture of online through zoom or teams



Funded by
UK Government

UNITY WORKS

SUPPORTED BY
MAYOR OF LONDON



We will have sessions with **guest speakers** who may be:



Other people with a learning disability or autism telling us about their pathways to work



Meeting employers to get an understanding about work and jobs



Other providers such as talking therapies, sports groups, social clubs to learn about what other opportunities there are for you

All sessions will be **co-produced**



This will be where we have people with a learning disability and / or autism working with us to decide how the project supports young people



This group will be made up of young people who are accessing the service

As well as some people who are older and had similar experiences



If you have more questions about the project

A screenshot of a light blue form titled "Please fill in this easy read form". It features a small icon of a person with the text "easy read" next to it. Below the title are three input fields: "Your name" with a person icon, "Address" with a house icon, and "Phone" with a mobile phone icon.

Or if you would like to sign up



Contact Peter Hass

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