

Know Your Body: Breast Clinic and Testing



Breast Clinic



breast clinic

Your doctor might send you to the breast clinic so that your symptoms can be looked at. This is called being referred.



tests

If you are referred to a breast clinic, it does not mean you have breast cancer, it just means your doctor would like to do some more tests.



examination

You will be asked to answer some questions about your medical history and the doctor will want to examine you. If you have periods, they might ask you about them.



family

You should be able to bring a friend or family member with you for support.



results

You may get some test results on the same day or it could take 2-6 weeks for you to get the results.



Testing



tests

At the breast clinic you may have one or more of the following tests:

Mammogram

Ultrasound

Biopsy



mammogram

Mammogram

A mammogram is when an x-ray image is taken of the inside of your breast tissue. You may feel uncomfortable during your mammogram.



ultrasound

Ultrasound

An ultrasound is where a picture is taken of the inside of your breast tissue using gel and a machine. An ultrasound should not hurt.



biopsy

Biopsy

A biopsy is where a small piece of your breast tissue is removed and checked to see if cancer is present.

Version 2: Information was correct as of 28 October 2024.

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